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Four Seasons Hotel Los Angeles at Beverly Hills Debuts the Young Hollywood Salad

Fresh, Innovative Salad Inspired by Only-One-of-Its-Kind Celebrity Studio, Situated at the Luxury Hotel

LOS ANGELES, CA--(Marketwire - Aug 16, 2011) - The Young Hollywood Studio, the celebrity-centric hub where stars stop by to *dish* on their latest projects, has inspired the latest *dish* at Windows Lounge at Four Seasons Hotel Los Angeles at Beverly Hills. Bursting with the freshest farmer's market ingredients to keep young stars and starlets glowing and beautiful, the **Young Hollywood Salad** also spotlights the season's hottest health trend -- the hemp seed.

California's notoriously celebrated botanical is a long-time friend of Hollywood and its remedial qualities extend beyond its flowering buds. The hemp seed is chock-full of protein and fiber. It has all 9 essential amino acids, like the flax seed, and tastes similar to pine nuts, making it the perfect pairing for the Young Hollywood Salad's berry counterparts. Amidst mesclun greens, California blueberries, strawberries and avocado, the hemp seed adds the perfect crunchy touch to this daily dose of greens. Move over acai berry -- the hemp seed may just become habit forming!

RJ Williams, Founder and CEO of Young Hollywood, collaborated with Ashley James, Executive Chef of Four Seasons Hotel Los Angeles at Beverly Hills, to create the Young Hollywood Salad. James has mastered the art of serving up the most innovative dishes to the world's elite, having led the kitchens at Four Seasons properties in Singapore, Mexico and Buenos Aires.

"I am thrilled to create this special salad that represents the youth and vivaciousness of Young Hollywood," says James. "The Young Hollywood Salad is packed with farm fresh and nutritious local produce. Eating right is an important step in maintaining good health and beauty, which is especially important in the entertainment industry."

Williams added, "For a couple of years now, we have had a great partnership with Four Seasons, so it's exciting to have our own dish on the menu. It's sure to be a favorite with the celebrities who frequent the hotel and the Young Hollywood Studio, and all patrons who love delicious food that's good for you, too."

The Young Hollywood Salad is featured at Windows Lounge at Four Seasons Hotel Los Angeles at Beverly Hills for lunch and dinner.

Young Hollywood is a next generation multimedia brand and one of the world's largest independent producers of original, compelling celebrity and lifestyle entertainment content. It is the first and only media outlet to be permanently housed at a luxury hotel, affording Young Hollywood 24/7, unprecedented access among the elite. Young Hollywood's destination site, www.YoungHollywood.com, currently receives over 3 million unique visitors per month. In addition to their flagship site, YH has an extensive reach to over 100 million viewers per month through its distribution network.

Four Seasons Hotel Los Angeles at Beverly Hills showcases the Southern California al fresco lifestyle with 285 newly-renovated guestrooms and suites with step out balconies, the iconic Windows Lounge and award-winning restaurant Culina, Modern Italian. Please visit www.fourseasons.com or call (800) 332-3442 for further information or reservations.